

#### Dear Parents/Guardians,

On behalf of all the staff at Good Shepherd Primary & Nursery School, we are delighted to be welcoming all our children back into school on Monday  $22^{nd}$  March 2021. Please read through the various procedures which we will have in place to ensure the safety of our school community.



- School gates will open at 8:45am
- Children are not permitted in the school grounds before 8.45am.
- One adult to drop off and pick up children
- PLEASE ENSURE SOCIAL DISTANCING AT ALL TIMES
- PARENTS/GUARDIANS MUST WEAR A MASK IN THE SCHOOL GROUNDS, unless medically exempt
- Parents/Guardians should wait at their designated area until their child is brought down at home time
- Please share this information with anyone who may be dropping off or picking up your child

Children are not permitted to bring school bags into school. Children should wear their full school uniform if they can, and bring a coat/hat. If school shoes/uniforms do not fit please do not panic! Send your child into school wearing something comfortable and practical. Children will require a healthy break and a packed lunch. Dinner can only be provided for those who are entitled to free school meals at this time. Nursery children will also be provided with a dinner as normal and should pay via parent pay, unless receiving free school meals.

I would like to take the opportunity to remind everyone about the following procedures regarding Covid-19, in order to keep everyone safe and minimise risk:

- · Check your child's temperature every morning before they come to school
- If ANYONE in your household is displaying symptoms and/or awaiting a Covid-19 test/results, do not send your child to school
- Inform the school if ANYONE in your household is displaying symptoms and/or awaiting a Covid-19 test/results using this email address: **smccafferty143@c2kni.net** at anytime
- Inform the school of any household Covid-19 test results

The most common symptoms are:

- A new and continuous cough
- A raised temperature
- A loss of taste and smell

Nursery-Primary 7 children should follow all previous arrangements which were in place before Christmas.

# Reminder of drop off/pick up times and places:

CLASS & TEACHER	DROP OFF/PICKUP TIMES	DROP OFF POINT	PICK UP POINT
Nursery – Mrs Kyle	8:45am – 9:15am – Pupils to classroom	Rear Entrance via Playground	Rear Entrance via Playground
	12.45pm-1pm- Home time		
Nursery – Mrs Warne	8:45am - 9:15am - Pupils to classroom	Main Nursery Entrance	Main Nursery Entrance
P1 – Mrs Kivlehan	12.45pm-1pm- Home time 8:45am — 9:15am — Pupils	Foundation Stage Door	Inside the school gates
	to classroom 1:45pm – Home Time		
P1 – Mrs McKinney	8:45am - 9:15am - Pupils to classroom	Foundation Stage Door	Inside the school gates
P2 – Mrs	1:45pm — Home Time 8:45am — 9:15am — Pupils	Foundation Stage Door	Inside the school gates
Doran/Mrs	to classroom		
Desmond	2:00pm — Home Time		
P2 - Mrs Mitchell	8:45am - 9:15am - Pupils to classroom	Foundation Stage Door	Inside the school gates
	2:00pm — Home Time		
P3 – Mrs Harley	8:45am - 9:15am - Pupils to classroom	Side door below nursery	Inside school gates via top gate
P3 – Mrs McCormack	2:30pm - Home Time 8:45am - 9:15am - Pupils to classroom	Side door below nursery	Inside school gates via top gate
	2:40pm — Home Time		
P4 – Mr Doherty	8:45am - 9:15am - Pupils to classroom	Same door as before- shared area	Inside school gates via top gate
	2.50pm – Home time		
P4 - Miss Whitehouse	8:45am — 9:15am — Pupils to classroom	Same door as before- shared area	Inside school gates via top gate
	3.00pm — Home Time		
P5 – Mrs Connor	8:45am - 9:15am - Pupils to classroom	Right side door as before	Main Gate
DE Mrs Wilson	2.30pm - Home Time	Pight side door as before	Main Gate
P5- Mrs Wilson	8:45am – 9:15am – Pupils to classroom	Right side door as before	ivialit Gale
	2.35pm — Home Time		

CLASS & TEACHER	DROP OFF/PICKUP TIMES	DROP OFF POINT	PICK UP POINT
P6 – Ms Grant	8:45am - 9:15am - Pupils to classroom 2.40pm - Home Time	Same door as before- shared area	Main Gate
P6 – Mrs Houston	8:45am — 9:15am — Pupils to classroom 2.45pm — Home Time	Same door as before- shared area	Main Gate
P7 – Ms M. Forbes	8:45am - 9:15am - Pupils to classroom 2.50pm - Home Time	Top door at right hand side as before	Main Gate
P7 – Mr Herron	8:45am — 9:15am — Pupils to classroom 2.55pm — Home Time	Top door at right hand side as before	Main Gate

#### **REMINDER OF PARENT/TEACHER PHONE CALLS:**

Wednesday 24<sup>th</sup> March: Primary 6 Ms M. Grant Thursday 25<sup>th</sup> March: Primary 6 Mrs P. Houston Tuesday 30<sup>th</sup> March: Primary 5 Mrs D. Wilson Monday 12<sup>th</sup> April: Primary 2 Mrs S. Mitchell

Tuesday 13th April: Primary 2 Mrs F. Desmond/Mrs R. Doran

Tuesday 13<sup>th</sup> April: Primary 5 Mrs R. Connor Wednesday 14<sup>th</sup> April: Nursery Mrs R. Warne Thursday 15<sup>th</sup> April: Nursery Mrs C. Kyle Friday 16<sup>th</sup> April: Primary 3 Mrs M. Harley

Monday 19th April: Primary 3 Mrs M. McCormack





The school will be closed for Easter on Wednesday 31<sup>st</sup> March at 12noon. More details will be shared on this next week. Easter Holidays: Thursday 1<sup>st</sup> April-Friday 9<sup>th</sup> April.

# Preparing Your Child For the First Day Back in School

As schools begin to open to more children, parents and children may well be feeling anxious. Here's some ideas of how best to prepare.

#### Be Calm.

Your child will take their lead from you and be reassured if you are steady and matter of fact



#### Be Positive.

Remind them of all the ways they have learnt to keep themselves safe: washing their hands regularly, sneezing and coughing into their elbow, not hugging others and staying in their own space.



## **Be Supportive**

Younger children particularly may struggle with separation anxiety and may become tearful, clingy or act out. Reassure them that you will miss them too and think of them through out the day. It might be helpful to draw a little heart on their wrist and one on yours too. You can call it the hug button and when they find they are missing you they can press the heart and know that you will be doing the same at home. Sometimes having a little object to remind them of you through the day helps but please check this out with your school first.

#### Be Curious.

These are strange times and their imagination may run away with them. Listen, and try not to dismiss or minimise their fears but validate how they are feeling — "it's completely fine to feel like that at the moment" or 'I can really understand why you would feel like that"



### Be Thankful.

Help your child think of things they are looking forward to: being with their friends, seeing their teacher, favourite activities but be mindful some of these may not be available for them.



# Be Prepared.

Support your child to be aware of changes that may have happened to their classroom environment since they were there last and rehearse any new routines that school may have shared.

Rehearse and practice your 'goodbye' routine and create a 'hello' greeting for the end of the day for them to look forward to.



www.traumainformedschools.co.uk



Children are a lot more resilient than we often give credit for. Please be kind to yourself and each other as we return back to school.

Thank you for your continued support at this time. Have a lovely St. Patrick's Day and we look forward to seeing everyone on Monday morning.

Kind Regards,

Mrs S. McCafferty