

DIOCESE OF DERRY DAY OF

PRAYER & FAST

Friday, 1 & 29 May 2020

Join with Bishop McKeown through prayer and fasting to ask God

- to free us from this pandemic and to support those who are fighting it
- to comfort those who have been afflicted with this pandemic;
- to ask God for the wisdom to know how to live now and in the aftermath of the pandemic
- www.derrydiocese.org/news/a-day-of-prayer-and-penance

Children and Young people could join in by

- making a May Altar
- praying the Rosary
- praying the Stations of the Cross
- giving up sweets
- giving up their favourite T.V Programme
- giving up their favourite electronic gadget
- www.catecheticalcentre.org

