A red cross made of bicycle chains

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**Sustrans Active Travel Programme**

**Free Bicycle Health Check**

Dear Parent/Carer,

As part of the ongoing partnership between Sustrans Active School Travel Programme and Good Shepherd Primary School, we are happy to be able to offer pupils the chance to take part in a free Bicycle Health Check known as ***Dr Bike!***

Donna McFeely, the school’s Active Travel Officer, will be at the school on 6th November to give bikes a general health check.

A typical check involves pumping up tyres and checking brakes, handlebars, saddle and pedals. If there is time, small adjustments will be made, but this is not a substitute for a full service. A photo note will be sent to the school identifying anything on the bike that needs urgent attention.

To take part, all your child needs to do is bring their bike to school on the 6th November.

Yours sincerely,

Mrs S. McCafferty Donna McFeely

School Champion Sustrans Active Travel Officer

