

Good Shepherd Nursery - Summer Menu 2022

**school
food**

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www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and water
are available daily.**

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 25th Apr 23rd May 20th June 29th Aug 26th Sept 24th Oct	Oven Baked Sausages Baked Beans / Broccoli Creamed Potatoes Gravy Sponge, Fruit Custard (RMF)	Oven Baked Fish Diced Carrots Creamed Potatoes Gravy Chocolate Muffin Fruit Juice / Fruit (RMF)	Baked Gammon Stuffing & Gravy Dry Oven Roast Mashed Potatoes Cabbage / Carrots Artic Roll / Fruit (H)	Beef Bolognaise Pasta Spirals Peas Creamed Potatoes/ Chips Wholemeal Biscuit & Custard (H) (H)	H/M Beef Burger & Bap Creamed Potatoes Mixed Vegetables Gravy Ice - cream Tubs Fruit
Week Two 2nd May 30th May 27th June 5th Sept 3rd Oct	Oven Baked Fish Diced Carrots / Gravy Creamed Potatoes Gravy Wholemeal Biscuit / Fruit Custard	Chicken Curry & Rice Naan Bread Creamed Potatoes Broccoli / Gravy Fruit (RMF) Fruit Muffin & Juice	Roast Meat Stuffing & Gravy Dry Oven Roast Mashed Potatoes Baton Carrots / Cabbage Frozen Yoghurt/ Fruit (H)	Oven Baked Sausages Pasta Bake Peas Mashed potatoes / Chips Date Cookies/ Fruit Custard (RMF)	H/M Chicken Goujons Mashed Potatoes Baked Beans / Mixed Vegetables Ice - cream Tubs Fruit (RMF)
Week Three 9th May 6th June 12th Sept 10th Oct	Oven Baked Sausages Creamed Potatoes Baked Beans/Broccoli/Gravy Wholemeal Shortbread Biscuits Fruit & Custard	Beef Burger & Bap Mashed & Chipped Potatoes Peas Fruit Muffins & Juice Fruit (H)	Roast Chicken / Turkey Stuffing & Gravy Dry Oven Roast Mashed Potatoes Cabbage / Carrots / Gravy Ice Cream & Jelly Fruit (RMF)(H)	Salmon Fish Cakes / Fish Fingers Chicken Tika/Rice/Naan Bread Creamed Potatoes, Diced Carrots Chocolate Cookie Fruit & Custard (RMF) (RMF)	Margherita Pizza Mashed Potatoes Sweetcorn / Gravy Frozen Mousse Fruit
Week Four 16th May 13th June 19th Sept 17th Oct	Chicken Goujons Mashed Potatoes Baked Beans / Broccoli Gravy Flakemeal Biscuit / Fruit Custard	Oven Baked Fish Creamed Potatoes, Peas. Gravy Fruit Sponge & Custard Fruit (RMF)	Roast Meat Stuffing & Gravy Dry Oven Roast Mashed Potatoes Cabbage / Carrots Frozen Yoghurt/ Fresh Fruit (H)	Cheese & Tomato Pizza Mashed & Chips Mixed Vegetables Orange Cookies / Fruit Custard (H)	Oven Baked Sausages Creamed Potatoes Peas & Sweetcorn Fresh Fruit Salad Ice Cream Tub (RMF)

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May be subject to change due to factors outside our control

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